JACK'S WIFE FREDA
ALL DAY CATERING MENU

West Village • Williamsburg

Customized platters of additional larger sizes available

FAMILY STYLE PLATTERS

BREAKFAST PLATTERS

Serves 6-8

Grapefruit & Yogurt $128
grapefruit & mint, lebanese yogurt, granola & honey

Rosewater Waffle $160
topped with lebanese yogurt, mixed berries & honey syrup

Mini Madame Freda $180
pressed sandwich with duck proscuitto, cheddar bechamel, gruyere & a sunny side up egg

Mediterranean Breakfast $144
2 eggs served any style, chopped salad, labne, avocado & pita bread

Maya's Breakfast Bowl $208
scrambled or poached eggs, red quinoa, kale, spaghetti squash, roasted tomato, radish & avocado

Fruit Platter $120
medley of fresh fruit

LUNCH PLATTERS

Serves 6-8

Prego Rolls $200
portuguese skirt steak sandwich with garlic butter

Chicken Prego $192
grilled chicken breast with smoked paprika aioli, watercress & onion

Grilled Eggplant Baguettes $176
with rosted tomato, mozzarella, olive tapenade & pesto

Mashed Avocado on Seeded Bread $160
cherry tomato jam, pickled carrots, & za'atar

Kale Greek Salad $150
kale, cucumber, tomato, pickled red onions, alt-cured olives & feta in a red wine vinaigrette

House Salad $155
butter lettuce, shaved radish & carrot, avocado, pea shoots in a tarragon vinaigrette

Tuna Salad $160
with chopped tomatoes, avocado & red onions in a sweet soy balsamic dressing, served with arugula & sourdough toast

ENTREE PLATTERS

Serves 6-8

Chicken Kebab $192
peri-peri marinated chicken with couscous & chopped salad

Salmon a la Plancha $240
sesame soy glazed with sautéed kale & radish

Peri-Peri Chicken $264
with diced salad

Chicken Schnitzel $232
with mashed potatoes & chopped salad

Spaghetti & Chicken Meatballs $176
in Freda's tomato sauce

Spaghetti Squash & Meatballs $208
in Freda's tomato sauce

Vegetable Curry Bowl $208
couscous & house chutney

Mustard Seed Crusted Tofu $176
with spaghetti squash & radish

APPETIZER PLATTERS

Serves 8-10

Grilled Haloumi $160

Fried Zucchini Chips $180
with smoked paprika aioli

Salt & Pepper Eggplant $180
with tzatziki

Spiced Beet Dip $160
with feta, sesama & pita

Peri-Peri Chicken Wings $180

Roasted Cauliflower $200
creamy garlic dressing & capers

FREDA'S SIDES PLATTERS

Serves 8-10

Arugula Platter $64

Fries Platter $80

Fingerling Potatoes Platter $80

Prego Steak Platter $112

DESSERTS

Chocolate Cake $12
with chocolate mousse

Noam's Malva Pudding $12
South Africa sponge cake

Homemade Spiced Cheesecake $12
Whole cheesecake available with 48 hours notice

FREDA'S PANTRY

7 oz. Jar of Hot Sauce $8

7 oz. Pickled Onions $8

7 oz. Tzatziki $8

Trio of Sauces $21

Cookbook $50

JACK & FREDA BEVERAGES

64 oz.

Coffee $35

Mint Lemonade $40

Regular Lemonade $40

Fresh Cantaloupe Juice $40

Evian Still or Sparkling 750ml $10