



JACK'S WIFE FREDA



Freda's Pre Fixe Brunch Menu



SHARES

Family style



Rosewater Waffles

topped with lebanese yogurt, mixed berries and honey syrup

Mashed Avocado on Seeded Bread

with cherry tomato jam, pickled carrots, and za'atar

ENTREES

Choice of



Green Shakshuka

2 soft baked eggs in a green tomatillo shakshuka served with challah toast

Maya's Breakfast Bowl

scrambled or poached eggs, red quinoa, kale, spaghetti squash, roasted tomato, radish & avocado



Mediterranean Breakfast

2 eggs served any style, chopped salad, labne, avocado and pita bread



Grilled Eggplant Baguette

with roasted tomato, mozzarella, olive tapenade & pesto

DRINKS

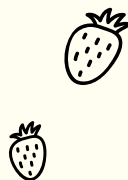
Fresh Cantaloupe Juice

Mint Lemonade





JACK'S WIFE FREDA



Freda's Pre Fixe Dinner Menu



SHARES

Family style



Grilled Haloumi *with grilled grapes & mint*

Roasted Cauliflower *creamy garlic dressing & capers*

Fried Zucchini Chips *with smoked paprika aioli*

Salt & Pepper Eggplant *with tzatziki*

Spiced Beet Dip *with sesame, feta & pita*

Kale Greek Salad *kale, cucumber, tomato, pickled red onions, salt-cured olives and feta in a red wine vinaigrette*



ENTREES

Choice of



Jack's Burger *short rib burger with tomato, fried onion and fries*

Peri-Peri Chicken *with chopped salad*

Fish a la Plancha *with sautéed kale*

Vegetable Curry Bowl *couscous & house chutney*



DESSERTS

Family style



Homemade Spiced Cheesecake

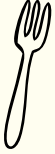
Flourless Chipotle Chocolate Cake *with chocolate mousse*

Noam's Malva Pudding *South African sponge cake*





JACK'S WIFE FREDA



PASSED SNACKS



Take one down, pass it around

FRIED ZUCCHINI CHIPS

with smoked paprika aioli



SALT & PEPPER EGGPLANT

with tzatziki



1/2 CHICKEN PREGO SANDWICH

*grilled chicken breast with smoked paprika aioli,
watercress & onion*

1/2 PREGO ROLL

portuguese skirt steak sandwich with garlic butter

FRENCH FRIES



GRILLED HALLOUMI



JACK ♥'S YOU

